

Lesson #13

Sample Scenario #2 (For journal activity)

When you come home from school your mom is very upset because she thinks you broke her phone without telling her about it. She automatically grounds you, but you know it was actually your brother who used the phone and broke it.

teenager (*walks in the door*)

Mom (*trying to use her phone, but it won't work; she's very angry and frustrated*)

teenager: Hi, mom

Mom: Did you think I wouldn't notice? I've told you not to borrow my phone and now it's broken!!

teenager: But, I didn't!

Mom: Sure, you didn't! I know it didn't break on its own, and you're always using my phone without asking. Go to your room!

teenager: But, mom!

Mom: You're grounded!!

Group discussion:

Get the facts about the situation. Think of the teenager's and the mom's

- Objectives
- Emotional levels
- Power/status levels

Think: What should the teenager do/say next?