

Journal #7

Name: _____ Date: _____

Think back about a time when you did not control your first impulse and it got you in trouble. Describe the situation. What happened? How did it turn out? What did you say or do that got you in trouble? How did your words or actions cause others to react? What would have been a better way to handle the situation?

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.